

CONSENT AND SERVICE AGREEMENT

Welcome to your first session! Please review this information carefully, and feel free to ask questions.

The Goal

It's my goal to offer a positive, empowering, and life-enriching experience for my clients.

About the Services

The potential benefits of counseling are many. They can include improved personal functioning, relationships, self- image, mood, and the attainment of personal goals. However, clients should understand that healing and growth is difficult, and some discomfort will likely be a part of the counseling process.

Confidentiality

All communications and records with Lisa M. Constance, LLC are held in strict confidence. Information may be released, in accordance with state law, when (1) the client signs a written release indicating consent to release; (2) the client expresses serious intent to harm self or someone else; (3) there is reasonable suspicion of abuse against a minor, elderly person, or dependent adult; (4) to acquire payment for services or for billing purposes; or (5) a subpoena or court order is received directing the disclosure of information.

Electronic Communication

Telephone and email are not encrypted methods of communication, and some confidentiality risk exists with their use. I will sometimes communicate using these mediums. If you would prefer to not be contacted by telephone or email, please inform me, and I will honor your request.

Client Follow Up

I may follow up with you after counseling has ended. One month, 3 month, and 6 month follow up calls help me to see if gains made in counseling have been maintained.

Scheduling and Cancellations

Scheduling an appointment is a commitment that both the clients and I honor. Appointments can be cancelled or rescheduled if 24 hours notice is provided. If sessions are cancelled or rescheduled with less than the required notice, or if a client misses a session, the client agrees to pay for that session. Please know that exceptions to this policy may be made in the instance of a medical emergency.

Conflicts

I work hard to ensure that you have a positive experience with me. However, if a conflict occurs, it is agreed that any disputes shall be negotiated directly between the parties. If these negotiations are not satisfactory, then the parties *agree* to mediate any differences with a third-party mediator. If these are unsatisfactory, then the parties shall move to arbitration, and then binding arbitration, choosing a mutually agreeable arbitrator. Litigation shall be considered only if all of these methods of resolution are given a good faith effort and are unsatisfactory.

Emergency Contacts

I will establish emergency contacts for you, such as the phone number and location of a family member. These emergency contacts may be used if a need is perceived. If you are in crisis and cannot reach me, please go to your nearest emergency room.

Service Fees

Payment is due at the time of your scheduled session.

I have read, fully understand, and agree to honor this contract.

Signature of Client

Date

Signature of Client/Parent/Guardian

Date

Signature of Provider

Date